



Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Selection of cereals & toast	Selection of cereals & toast	Selection of cereals & toast	Selection of cereals & toast	Selection of cereals & toast
Snack 9.15	Fruit Milk or Water	Fruit Milk or Water	Fruit Milk or Water	Fruit Milk or Water	Fruit Milk or Water
Lunch 11.30	Meatballs & Spaghetti Banana & Custard Juice to Drink	Chicken Casserole Potatoes & Veg Jelly & Ice-Cream Juice to Drink	Shepherds Pie & Mix Veg Fruit Salad Juice to Drink	Jacket Potatoes, Beans & Cheese Rice Pud & Peaches Juice to Drink	Spaghetti Bolognese Yogurts Juice to Drink
Lunch Vegetarian Option	Quorn Balls	Quorn Meat	Veggie risotto	Quorn Mince	Veggie Burgers
Snack 1.15	Fruit, Milk or Water	Fruit, Milk or Water	Fruit, Milk or Water	Fruit, Milk or Water	Fruit, Milk or Water
Tea 3.30	Soup Fruit Water to Drink	Sandwiches Flap Jacks Water to Drink	Spaghetti on toast Fruit Water to Drink	Pizza Fingers Fairy Cakes Water to Drink	Noodles Swiss Roll Water to Drink

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