



Wind in the Willows

Children's Nursery & Day-Care Centre



Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Selection of cereals & toast	Selection of cereals & toast	Selection of cereals & toast	Selection of cereals & toast	Selection of cereals & toast
Snack 9.15	Fruit Milk or Water	Fruit Milk or Water	Fruit Milk or Water	Fruit Milk or Water	Fruit Milk or Water
Lunch 11.30	Tuna Pasta Bake & Sweetcorn Jam Tarts & Custard Juice to Drink	Sausage Casserole Potatoes & Mix Veg Jelly Ice-Cream Juice to Dink	Spaghetti Bolognese Swiss Roll Juice to Drink	Beef Hotpot & Veg Crumble Juice to Drink	Chicken Pie, Potatoes, Veg. Yogurts Juice to drink
Lunch Vegetarian Option	Vegetable Bake	Vegetable Casserole	Veggie Hot Pot	Quorn Meat	Quorn Loaf
Snack 1.15	Fruit, Milk or Water	Fruit, Milk or Water	Fruit, Milk or Water	Fruit, Milk or Water	Fruit, Milk or Water
Tea 3.30	Wedges Fruit Water to Drink	Cheese on Toast Flap Jacks Water to Drink	Pizza fingers Fruit Salad Water to Drink	Soup Fairy cakes Water to Drink	Sandwiches with Side Salad Flap Jacks Water to Drink

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