



Week 4	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b>	Selection of cereals & toast	Selection of cereals & toast	Selection of cereals & toast	Selection of cereals & toast	Selection of cereals & toast
<b>Snack 9.15</b>	Fruit Milk or Water	Fruit Milk or Water	Fruit Milk or Water	Fruit Milk or Water	Fruit Milk or Water
<b>Lunch 11.30</b>	Sausage Mash & Onion Gravy Fruit Salad Juice to Drink	Pasta Bake Fruit Crumble Juice to drink	Roast chicken, Potatoes, Veg. Yogurts Juice to Drink	Chilli & Rice Cake & Custard Juice to Drink	Fish in Breadcrumbs, Pots, Peas & Carrots. Rice Pudding Juice to Drink
<b>Lunch Vegetarian Option</b>	<b>Veggie Sausages</b>	<b>Quorn Mince</b>	<b>Roast Vegetables</b>	<b>Pasta in Sauce</b>	<b>Macaroni Cheese</b>
<b>Snack 1.15</b>	Fruit, Milk or Water	Fruit, Milk or Water	Fruit, Milk or Water	Fruit, Milk or Water	Fruit, Milk or Water
<b>Tea 3.30</b>	Rolls Fairy cakes Water to Drink	Beans on Toast Swiss roll Water to Drink	Crackers, cheese & Pineapple Flap jacks Water to Drink	Sandwiches with Side Salad Scones Water to Drink	Soup Fruit Water to Drink

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